

Indicators of stress in dogs

- Lack of appetite
- Rapid, shallow panting or deep, forceful panting
- Sweaty paws
- Yawning
- Whale eye
- Nose licks
- Hyperactivity
- Increased frequency of urination and defecation
- Vomiting and diarrhoea
- Stretching
- Shaking as if they just came out of water
- Self-mutilation
- Restlessness/Pacing
- Dilated pupils
- Stiffness in posture and gait
- Shivering
- Vocalising (barking/whining/yelping)
- Scratching or digging at furniture, windows, door frames
- Repeated visual scanning
- Chewing/destructive behaviour
- Drooling (usually at door or window)
- Biting or snapping when you attempt to leave
- Exaggerated greeting routine
- Trauma to nails (please check his feet)

- Trauma to trachea and tonsils (please ask a vet to examine)
- Trauma to muzzle and teeth (please ask a vet to examine)